

The Riverfront SWIM CLUB

July
2009

Fourth of July Celebration Saturday, July 4th

Red, White & Blue Bike Parade at 10:30am

Decorate your bike or stroller in grand fashion for our pedal powered 4th of July Parade! We'll meet at the swim club and head on down to the pier with our tractor & wagon leading the way. We'll take a break and cool off with red, white & blue ice pops then head back to the club for our celebration.

All American Picnic from 12:30-2:30pm

You bring the side dishes & desserts and the swim club will provide the fried chicken & ice cold lemonade! Members free, guests \$2.

Poolside DJ, & Fun-N-Games

Let's get this party started! Request your favorite summer tunes, join in our great pool games and contests for adults & kids!

Please RSVP

Cheers at Lakeside "Tropical Oasis" Saturday, July 18th at 6:30pm

Adults, join us at Lakeside for a relaxing summer evening with an acoustic guitarist for our musical enjoyment, food and drinks. You can even take a dip in the pool. Cost: \$12, includes a grilled dinner. Beverages additional. *Please RSVP*

KiDZ Splash & Movie Zone Saturday, July 25th from 7-10pm

Pool Fun, Games & A Movie!

Come ready to jump in!! We'll swim and play pool games, munch on some pizza, then head inside for a movie & popcorn! Don't forget your towel and change of clothes. Cost: \$14 per child, \$10 each additional child from the same family.

RSVP is required for us to prepare & staff accordingly!

Explorer's Summer Camp Come for the week or just a day!

Let your children enjoy a fun filled and exciting summer at camp. Our themed weeks are packed full of water fun, sports, games, crafts, treats and exciting Thursday field trips. The exploration runs through August 28th. Our Li'l Explorers camp is for ages 2 - 5 years of age and the Jr. Explorers camp is for ages 5 and older.

Frosty Friday Friday, July 10th from 5-7pm

There's nothing like a ice cream sundae to cool you down on a hot summer day!

We'll scoop the ice cream! You create an edible masterpiece!

Hot fudge, whipped cream, sprinkles, M&M's, bananas, gummy bears, crushed Oreos and more; all with a cherry on top. Sno Cones too!

Cost: \$3 Sundaes \$1 Sno Cones



New Policy for Children

Children members between the ages of 9 to 18 who are allowed to come to the pool without adult supervision must have their membership cards. If they are bringing guests with them, the guests must bring identification. In the event there is an emergency we will be able to identify the child and contact the parents or guardian.

National Hot Dog Day

Thursday, July 23rd
From 5-7pm

Head on up to the Riverfront pool tonight as we are firing up the grill in honor of this day.

\$2 hot dogs, \$1 sodas &
\$1 sno cones.

Aunt & Uncle Day

Sunday, July 26th

Go ahead kids, bring your Auntie or Uncle to the pool for free today!!

Wednesday Night

Raft Riots

Bring your float to the Riverfront pool beginning at 4pm.

East West Communities Pool Swap Weekends

July 18th & 19th
August 15th & 16th

Take your membership card with you and get into any East West swimming pool this weekend! Relax by the river at Gatling Pointe Yacht Club. Have fun on the water slide at Founders Pointe. Play Garden Golf at Eagle Harbor. Please check out the following websites for pool hours and information.

www.gpyachtclub.com
www.founderspointe.net
Eagle Harbor 238-3511

July 2009 Adventure Trips

Kings Dominion & Water Works

Saturday, July 18th

Departing club at 8:15am

Returning at 10:45pm

Transportation sponsored by

East West Realty

The cost is \$50.00, which includes snacks, park admission, and transportation.

Participants are responsible for their lunch and dinner while at the park.



Busch Gardens

Saturday, August 15th. The cost is \$15, which includes a snack and transportation. Participants are responsible for admission to the park and dinner.

Trips are appropriate for ages 10 and older. Participants ages 10 & 11 are required to stay with trip chaperone.



More trips to come!

Summer Aquatics Program by Swim-Ahead

Aquatics Instructor Leslie is ready to start Session 2 on July 8th, there's still time to sign up!

*Swim Lessons for ages 3 and up

*Aqua Babies for ages 6-36 months at Lakeside

*Keep Fit Water Cardio Class & Keep Fit Muscle

*Toning & Strengthening Class at Lakeside after hours.

* Private lessons available



Fun in the Sun Programs Continue All Summer Long Sign Up Today!

Sports Camps for Kids

Golf, tennis, swimming & lunch

Session 1 June 30, July 1 & 2

Session 2 August 4,5,6

Kids Golf Clinics

For kids of all ages

Session 2 July 21 & 22

Kids Golf Tournaments

Junior 2 Day Tournament August 17 & 18

Lil Tournament August 18

Ladies Golf Clinics Session 2 July 7, 14, 21

Ladies Golf Night every other Thursday, July 2.16.30

Aviation Camp & Sailing Lessons at Gatling
Pointe Yacht Club

Brochures & Flyers for all Summer

Programs available at the club or online.

Member Social Clubs & Fitness

There's definitely a club for you!

New participants are always welcome!

Have an idea for a new club, just let us know!

All Riverfront Swim Club members are invited to take part in the social clubs listed. Our members mentioned here volunteer their time & energy to head up these clubs. If you would like to help out, please either contact the club representative or the Swim Club.

R.E.A.D Resumes in September Georgia 483-0511

Bunco July 21st at 7pm Shelley 638-4864
At Sasser's Southern Living Home

Mommy & Me Resumes in September

Summer Cards Thursdays at 11am Lakeside

Adult Lap Swim Tues. & Thurs. mornings
from 6-7:30am

YOGA WITH SUZANNE

Classes meet Monday evenings from 6:30 - 7:45 p.m.

All level of experience welcome.

Six Class Pass: \$72, Drop-In Class \$15

Contact Suzanne at 638-3000 or

gillespiethompson@yahoo.com

Always consult your physician prior to starting any exercise program.

Book Exchange

We're swapping
out books at the
club. Bring one,
take one.

Pool Info

Both pools open daily. Please remember, we have different hours for the pools.

Lakeside pool offers adult hours for your enjoyment.

Membership cards are required.

All minors between the ages of 9-18 are required to take and pass a swim test to visit the swimming pool without their parent or guardian present.

Please obey the lifeguards & pool rules.

Sunscreen Alert - If you are using spray tan lotions be careful not to spray the pool deck. Please stand on your towel or the lawn. The spray sunscreens are ruining the finish on the pool deck. Thank you in advance for your cooperation.

RSVP is requested. Unless otherwise noted, all events are for members and their guests. Children attending an event without an adult must be potty trained. All events will be held indoors in case of inclement weather. For more information, or to register for an event, call the Swim Club at 483-3906.